

TOGETHER,
WE'LL
REBUILD
SAFELY

CANTERBURY REBUILD SAFETY CHARTER

Whatever business you are in and whatever your job, when it comes to health and safety there is one piece of safety gear we can all use – it's your mouth. [Check out how you can use your mouth.](#)

FORWARD TO A FRIEND »

Do you know someone who might want a copy of the Safety Charter newsletter? Forward to them



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Safety Spotlight

- **Health isn't just physical** - [The Importance of protecting mental health at work.](#)
- **Workers health and safety rights and responsibilities:** WorkSafe has recently revised its advice to workers on their [health and safety rights and responsibilities.](#) It's important you understand these rights so you can stay safe at work.

This advice is now in six languages:

- ✓ English
- ✓ Māori
- ✓ Simplified Chinese
- ✓ Hindi
- ✓ Samoan
- ✓ Tongan

GRAHAM'S VIEW

Last month it was great to share that we were finalists at this year's Safeguard Awards. The winners are announced on 31 May. I'm looking forward to celebrating with our two tables of Charter and SafeRebuild colleagues, and the rest of the attendees at the awards. Keep your fingers crossed for a win!



One of our nominations is with our SafeRebuild colleagues for the IMPAC best collaboration between PCBUs for the celebrating women in construction events held in March this year. And as I have said in before in this column, we have much to do to make construction an attractive career choice for women.

However, June is men's health month. Often in business we are focused on safety, but research shows that as well as being the right thing to do, staff health and wellbeing is good for business.

This is a great time to think about our own and our workmates health. It is important to start talking about it with our teams and to do something for ourselves to be just a little bit healthier. Not just because we want to live longer, but because we want to enjoy a happy and healthy life, and we want this for our mates.

In New Zealand heart disease is the biggest killer of men (both Māori and non-Māori). Lung cancer is the second biggest killer of non-Māori men and third biggest for Māori men. Suicide is the second biggest killer of Māori men in New Zealand and the fourth biggest for non-Māori. Motor vehicle accidents and diabetes are the other causes in the top 5 for Māori and stroke and colorectal cancer for non-Māori.

These are all preventable and I would urge you all to get your workplace involved in discussing what positive changes can be made. You will improve your team's lives. You could even save one of them.

A handwritten signature in black ink, appearing to read 'Graham Darlow'.

Graham Darlow
Charter Steering Group Chair

CHARTER NEWS

Safety Charter Collateral

WorkSafe is once again offering to subsidise the cost of Safety Charter collateral including posters and stickers until the end of June 2017.

As a Charter signatory you are able to order posters, booklets and stickers for use throughout your sites and offices. This is a great opportunity to promote the Charter and your organisation's commitment to health and safety. Your organisation's logo can be inserted into each of the posters.

As long as your organisation's total order comes to at least \$200, WorkSafe will pay the first \$100 of your order.

Please contact info@safetycharter.org.nz for an order form. We'll also send these out to key Charter contacts of signatories shortly. Orders will need to be made before 5pm on Thursday the 29 of June 2017.

Charter Members Survey 2017

The Canterbury Rebuild Safety Charter has started conducting research to help us understand how the Charter is working for its members. We have engaged a Christchurch-based independent market research company, Research First, to carry out this research for us. Research First will be calling Charter members between now and the end of June 2017 to conduct a 10-15 minute survey. We would value your participation in this research as the better the feedback we get, the better we can serve our members' needs. [You can find all our research reports here.](#)

Kaikoura and North Canterbury Recovery: Health and Safety Trade Breakfast

WorkSafe New Zealand, NCTIR and the Kaikoura District Council are hosting a free breakfast session to learn more about managing health and safety risks on site, and the support available to your business. This discussion will cover:

- Duties for businesses under the Act, including overlapping duties
- Worker engagement
- Managing use of alcohol and other drugs
- Traffic management and road safety
- The Charter and how it can support your work.

See the events section of this newsletter for more details.

Champions of Canterbury

Entries for the 2017 Champion Canterbury Business Awards are now open. This is a great opportunity to recognise the achievements your business has made in the past year, and celebrate your successes.

ACC sponsors the Workplace Health and Safety Award and wants to see lots of nominations and entries from Charter members.

The Champion Canterbury Awards are NZ's biggest business awards. Entering is easy - [just click here and you're on your way!](#)

Entries are due by 5.00pm on Tuesday 9 June.



Workplace health and safety literacy and numeracy programme link

Pathways Awarua, (with the help of WorkSafe) provide a free tool to improve health and safety in the workplace by building literacy. The tool includes 21 separate modules that are designed to help people learn to read while learning about health and safety in the workplace.

[Click here](#) to read more, or to sign up.



Men's health month – Week 1: Get A Check-Up

June is Men's Health Month. The theme is #MenStartTalking, and every week we'll be focusing on a different aspect of Men's Health. Get your workplace involved – [click here](#) to register your workplace.

The first week's focus is "Get A Check-Up". If you're going to your doctor regularly, they'll tell you there's almost nothing they can't help you with. Even something like cancer is treatable if you catch it early. But if you haven't been to the doctor for a few years, (some of us haven't been for ten years or more), the fear factor can be massive. You almost don't realise how big it is until you phone up to book your appointment. Brave it out. Pick up the phone and make an appointment to see your doctor for a general check-up this week, even if you don't think there's anything wrong.

Other weeks topics are "Sugar Sux", "Love your Belly" and "How's your mate".



Signed your Charter signing board yet?

Having your signature on your Charter signing board underneath your logo is your company's public commitment to being part of the Safety Charter.

We'd love to see you at the **next Charter quarterly event on July 5th** at the Rydges Hotel, where you can sign the board and start or continue your journey towards improving health and safety.

If you are planning to be there on the 5th, please email [Michelle Ivory](mailto:Michelle.Ivory@saferoads.com.au) so we can have your logo ready on a signing board.

We can now come to you.

If you can't make it along to Safety Charter events, we can visit you on site at your toolbox talk and/or health and safety meeting.

This is an opportunity to get some different faces discussing health and safety in front of your team.

We'll do a brief introduction to the Charter and hand out some giveaways. Plus we'll bring the signing board with your logo and take some photos for the Charter newsletter to celebrate your businesses commitment.



May 2017 Décor Tiling

Company owners and Directors of Décor Tiling, Berenice Chaston and Mike Scott, were the first Charter signatories to take advantage of the signing board site visit.

Berenice welcomed Libi Carr and Jen Dransfield from SafeRebuild and David Bristow from First Union (who sits on the Steering Group and Working Group of the Safety Charter) to join their team of experienced tilers for bacon sandwiches and a breakfast chat.

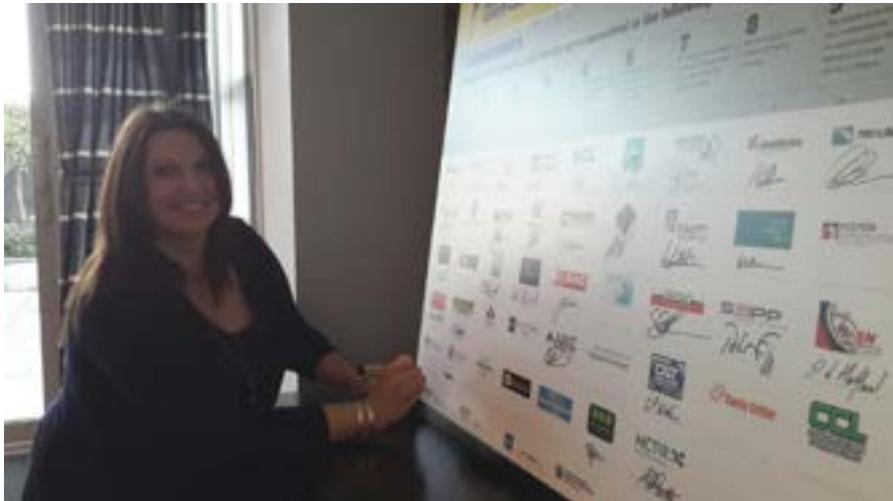
Berenice and Mike say they try to hold their health and safety meetings in a relaxed environment to encourage open discussion and sharing of ideas between everyone in the business.

We presented briefly about what being part of the Safety Charter means, focussing on [Safety Charter Commitments](#) number 1 (Leadership) and 10 (Health and Wellbeing), Berenice and Mike signed underneath their logo, we took some photos and job done!

Berenice and Operations Manager Jordan Magnus had also attended the SafeRebuild Safety Champions half day training course earlier in the week so were freshly familiar with the Safety Charter and its commitments.

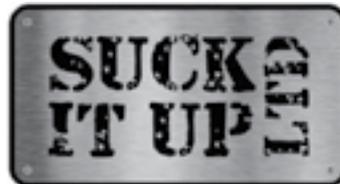
Thank you so much Berenice, Mike and the team at Décor Tiling for your warm welcome to the Safety Charter!

If you would like us to visit your team with the signing board email [Libi Carr](#) or call/message her on 022 639 2516.



WELCOME TO OUR NEW CHARTER MEMBERS

A warm welcome to our newest charter signatories and endorsees:



We have 376 signatories and endorsees –so thanks to everyone who has supported, nominated and challenged other businesses to sign up for safety!

COMING UP

14
JUNE

Kaikoura WorkSafe Trade Breakfast

WorkSafe New Zealand with NCTIR and the Kaikoura district council invites you to a free event, in Kaikoura, for the North Canterbury construction industry on risk management, overlapping duties, worker engagement, alcohol and other drugs and the Charter.

Time: 6.30am – 9am

Contact: [Michelle Ivory](#) if you want to attend

14
JUNE

The Neuroscience of Safety Masterclass

Learn how to apply the latest brain research to drive positive change in your organisation in this not to be missed, fast paced, interactive, engaging and informative masterclass.

Standard tickets are \$695 (AUD) however we are happy to offer your members a \$200 discount. They simply select Safety Charter member in the ticket options.

Time: 9am – 4.30pm

RSVP: [Eventbrite](#)

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JULY

Safety Charter Event

Mark your Calendar

Invites out soon

CHARTER UPDATES

If you missed previous editions of Charter Update, you can read them [here](#).

GET IN TOUCH

This newsletter is for people throughout your organisation and contracting chain. We'd like to send it directly to the right people.

Please help us by emailing info@safetycharter.org.nz with the email addresses of all those you'd like us to send it to, and we'll get this in place for our next edition.

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