

TOGETHER,
WE'LL
REBUILD
SAFELY

CANTERBURY REBUILD SAFETY CHARTER

Go the Charter! We have been nominated in two categories in the 2017 New Zealand Workplace Health and Safety Awards, the ACC best leadership of an industry or region award and, with our SafeRebuild colleagues, the IMPAC award for the best collaboration between PCBUs. Go [here](#) to see all the finalists.

FORWARD TO A FRIEND »

Do you know someone who might want a copy of the Safety Charter newsletter? Forward to them



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Safety Spotlight

- **Preventing and responding to bullying at work.** Bullying is a significant issue in New Zealand workplaces. It can affect people both physically and mentally, disrupt workplaces, and reduce work performance. WorkSafe has updated its [Good Practice Guideline](#) and developed other guidance for small businesses and workers.
- **Save your hearing – 10 top tips.** We have added this document to our resources on noise [here](#).
- **Extra Members area documents highlighted on the website.** The Charter Performance documents section of the Members' Area includes documents shared by Charter members. These are in addition to the documents that are found on the Charter website. We have changed the website so that sections of the Charter website now indicate where the Members' Area has more documents on a topic. These topics currently include alcohol and other drugs, fatigue, site induction and skin.

Fatigue

The Charter Members' Area has more documents on this topic. Those documents are shared between Charter members. Members [click here to sign in](#)

Construction work involves high risk activities. To work safely construction workers must be physically and mentally alert. On site, it's up to you and your teams to manage fatigue.

What is fatigue?

Fatigue is more than tiredness. It is a state of physical and/or mental exhaustion which reduces a person's ability to perform work safely and effectively. Fatigue can lead to errors and in turn an increase in workplace incidents and injuries. Construction work can be physically demanding which can increase fatigue.



Toolbox Talk

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Poster

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GRAHAM'S VIEW

It is fantastic that the work of the Charter has been recognised by being a finalist in two categories in the New Zealand Workplace Health and Safety Awards. This is the first time the Charter itself has been a finalist. Previously Kristina Wischnowsky (as the 2015 health and safety practitioner of the year) and myself (as last year's Executive of the Year award winner) have been recognised, in part, for our work with the Charter. But, this is different. It is a real recognition of the work that all of us have made towards a safe rebuild.



I would like to acknowledge the work that you all have undertaken to build the Charter into what it is today with over 370 members, 40,000 sessions on the website, 14 Charter events with over 3,000 people attending them and 343 Charter assessments. Of course work on health and safety is never finished and the Charter has a full programme this year. So while we need to continue to build on the work we have done, it is important to occasionally pause and reflect on where we have come since our launch back in July 2013.

While we are in reflection mode, it is a year on since the Health and Safety at Work Act came into effect. This was an important part of the changes needed since the Pike River mine disaster in 2010. In response to the Act, businesses, government and unions have been working to improve health and safety in New Zealand workplaces. And while we are seeing signs of improvement, we will need a continued focus to ensure we both as a country meet the target set by government of a 25% reduction of workplace deaths and fatalities by 2020, but also ensure that the people we work with and for come home healthy and safe from work every day.

A handwritten signature in black ink, appearing to read 'Graham Darlow', written in a cursive style.

Graham Darlow
Charter Steering Group Chair

CHARTER NEWS

Seeking members for a professional services group and a worker representative's group

We are seeking both health and safety worker representatives, and representatives of professional services companies to be part of two new Charter working groups.

Supporting both groups of signatories is a priority for the Charter this year. Professional services (architects, engineers and project management companies) are a key part of the construction industry and make up over 20% of Charter signatories. Given this, there is real opportunity for the Charter to support this group in their efforts to improve construction health and safety.

Last year we invited health and safety worker representatives from across the rebuild to get together and discuss the challenges and opportunities as a rep. They told us there'd be value in having a group of reps meeting regularly to discuss issues and opportunities, including looking at how we can support reps to work with industry senior leaders and create high quality, honest and equal worker engagement. We'd like to hear from any reps who would like to be part of this new leadership group. We are looking for reps from every area of the construction industry.

If you are interested in being part of either of these groups, please [contact us](#).

Help wanted for women in construction research project

A Canterbury University PhD student is seeking volunteers to be interviewed for her three year research project entitled Women in Construction in a Post-Disaster Environment.

She's keen to hear from women in any role within the construction industry, who have worked, or are working in Canterbury, at any time between 2011- 2017.

If you are keen to participate please contact [Terrelle Hegarty](#).

Charter members' survey coming soon

Research First, on behalf of the Charter Steering Group, will be contacting both Charter signatories and endorsees shortly. They will be requesting that you complete a short survey on your views of the Charter. This survey will be undertaken by either a phone interview or online. This survey is important as it will inform the Charter's work programme and help us measure any changes since the 2015 survey of signatories. The Charter Steering Group appreciate the time given by signatories and endorsees in providing this feedback. A report based on this survey will be published as it was in 2015. The 2015 report can be found [here](#).

Asbestos breakfast

It was a packed room at Worksafe's sold out breakfast event on the 23rd of March. The topic was "Asbestos for Small Construction Companies and Specialist Tradespeople". Last year the regulations on working with asbestos changed so this event clarified the requirements to manage and remove asbestos and worked through some case studies. WorkSafe also presented on asbestos and your health and there was a presentation from TriEx on identifying and managing asbestos removal. Please check out the videos [here](#).



WELCOME TO OUR NEW CHARTER MEMBERS

A warm welcome to our newest charter signatories and endorsees:



Helping New Zealand To Stay Healthy
Te noho hauora, te noho haumaruru o Aotearoa



We have 374 signatories and endorsees –so thanks to everyone who has supported, nominated and challenged other businesses to sign up for safety!

COMING UP

**16
MAY**

Health and Safety Champion training

Half day courses that engage people in the requirements around health and safety working in the smaller sized business. Lots of activities and group based learning. Training is based around the commitments and actions of the Canterbury Rebuild Safety Charter.

Time: 8am – 12pm

Contact: [Jo Duffy](#)

**24
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CHARTER UPDATES

If you missed previous editions of Charter Update, you can read them [here](#).

GET IN TOUCH

This newsletter is for people throughout your organisation and contracting chain. We'd like to send it directly to the right people.

Please help us by emailing info@safetycharter.org.nz with the email addresses of all those you'd like us to send it to, and we'll get this in place for our next edition.

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